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From the Principal's Desk...

# Embracing the **Legacy of Excellence**

*Loyola School* today is the aggregate of the contributions of a long line of visionaries who served as Provincials, Managers and Principals, a large number of dedicated members of the teaching and non-teaching staff, six decades of illustrious students who not only did us proud but also continue to give back in a big way. So, as the newly appointed Principal, I am at once honoured and humbled to take up this great challenge and opportunity.

At the very outset, let me express my deep gratitude for the overwhelming support extended to me by the Jesuit community, the staff, parents, and students both former and present. I am particularly grateful to my predecessor Fr Dr P.T. Joseph SJ for the incredible transformation he brought in during his tenure which has made my task harder and lighter at the same time – harder because it is easier said than done to keep up the same tempo of development, and lighter because he has left behind an enviable launching pad for further growth and innovation.

As a result, this academic year began with a few major changes. For the first time in two decades, we have reopened our portals to girls by admitting them to the higher secondary section. As you know, though we had a few girls in class 1 when the school was founded in 1961, Loyola remained a boys only school from the second year of its inception. Making it coeducational is a significant step forward. Secondly, the Diamond Jubilee Building with state-of-the-art facilities has become fully operational and it houses the CBSE section. This has made the former CBSE wing available exclusively for the kindergarteners and the first graders who will find it a more congenial environment.

It is a matter of pride that our students did excellently in the CBSE, ICSE, and ISC examinations in spite of the prolonged disruptions caused by the pandemic. Congratulations to all the students, teachers, and parents for their hard work and dedication. The results are a testament to the relentless pursuit of excellence that Loyola is known for.

I am grateful to the senior Loyolites who huddle together under LOBA. Their guidance, mentorship, and involvement in various activities have a profound impact on the holistic development of their junior brothers, and now, sisters as well.

No less laudable is the PTA for its protective and proactive role in ensuring a better learning experience for our students and for its continued support which will help us make Loyola a still more thriving hub of learning and growth.

Embracing the spirit of Jesuit education, our overarching theme for the current academic year is *Excellence in Action*. It is a call for all of us, as a community, to strive for the highest standards in every aspect of our lives. Let us seize this opportunity to help the young ones excel in academics, experience emotional and spiritual growth, and become men and women for others.

I am excited to embrace the legacy of excellence and travel together with all of you. Filled with a profound sense of purpose and responsibility, I am confident that together we will steer Loyola School towards still greater heights and ensure that it remains a beacon of holistic education and a source of inspiration for generations to come. And warmly do I welcome all the new students and staff members who have joined our Loyola family this year.

#### Fr Salvin Augustine, SJ

Foreword

The run-up to the reopening had been no less hectic than the days that followed the start of the new academic year 2023-'24.

In a sense, Loyola campus did not have any summer holidays. Special training in cricket, football, basketball, chess, robotics, karate, and brass band kept the campus vibrant and resonant for a while. The last lap of infrastructure addition and renovation went on on a war footing. That included the final touches to the Diamond Jubilee Building, the roofing of the swimming pools, the fresh asphalting of the driveway and the byroads, repainting the buildings, the relocation of classes, the facelift to the ICSE façade, and the ongoing landscaping drive.

Diversification of courses and increase in intake of students necessitated additional staff for which there were several rounds of interviews. With the induction of 24 new teachers, two librarians, three *ayas* and three drivers, the staff strength went up to 174.

Among the programmes organized to gear up for the new year were the oneday induction of the new teachers on 20 May, a one-day familiarization programme for the students of LKG and their parents on 27 May, and a threeday workshop for the entire teaching faculty from 29 to 31 May. Fr Saji SJ and Fr Ranjit George SJ, both faculty members at Loyola College of Social Sciences, and Dr Pampa Choudhary were the resource persons from outside the school for these sessions. One of the most enjoyable experiences during these three hectic days was the trip to Veli Tourist Village on the eve of the reopening.

And then came the colourful start of the new academic year, on 1 June for Classes I to XII and 2 June for the kindergarteners. True to Loyola's tradition and its holistic vision we have had a variety of programmes ever since then. They include the formal farewell to the outgoing Principal Fr Dr P.T. Joseph SJ on 5 June, World Environment Day observance the same day, the investiture of the school councillors on 16 June, the hosting of SZSC Academic Excellence Award ceremony on 17 June, and International Yoga Day observance on 21 June.

LENS will swell into a little volume of over 100 pages if we try to do perfect justice to all the above. So, we decided to reduce most of the major events to photo-essays, with the focus on the newly admitted LKG students who deserve special attention.

We would like to make LENS less lopsided if more students come up with articles relevant to our various programmes from time to time. So, go on writing. Special instructions to achievers and prospective writers will be given in the next issue of LENS.

James Thomas

Run-up to the Reopening



Icebreaker with a difference during the induction of new teachers on 20 May 2023



Orientation session for newly admitted students and their parents on 27 May 2023



Fr Salvin Augustine SJ addressing the entire staff during the three-day orientation programme from 29 to 31 May, 2023



Dr Pampa Choudhary leading the workshop on Experiential Learning



All set for the start of the name game in the ICSE quadrangle



Two faculty members from Loyola College, Fr Ranjit George SJ and Fr Saji SJ, taking the game to a new level and segueing into GAP/SWOC analysis to help the teachers and the institution plan better for the future.



A trip to Veli Tourist Village to seal the camaraderie and gear up for the new year

#### **COACHING CAMPS DURING THE SUMMER HOLIDAYS**



Karate



Chess



Robotics



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Cricket



Marching Band



Basketball



Football

Blessing of the room dedicated to the memory of Late Flt. Lt. Achudev S.





On 23 April 2023, Fr Salvin Augustine SJ blessed the room sponsored by the parents and dedicated to the memory of their son Late Flt Lt S Achudev. The solemn function was attended by his near ones, classmates, members of LOBA and Loyola staff.

> Click inside this box for more photos and an excellent write-up by Nitin SJ on our dear Achu.

### BLESSING OF THE DIAMOND JUBILEE BUILDING



Pending its formal inauguration, the Diamond Jubilee Building was blessed on 31 May 2023 so that all CBSE classes could be conducted there from the next day onwards. With the relocation of classes, the former CBSE wing has now become the kingdom of the kindergarteners and the first graders.





Ajitha Shibu (English)



Aswathy G. (English)



Aswathy S. (Mathematics)





Dhanya Rajan (English)



Dr Archana T. (Physics)



Johna Rose (English)





Sreekutty C.S. (Librarian)



Gouri Priya B. J (Computer Science)



Lekshmi J. Hari (Librarian)



Thasni T. (Chemistry)



Tvarita Tripathi (English)



Vijaya B.S. (Malayalam)



Mullu Das (English)









Binu N. B. (Geography)



Deepthi G. Nair (Malayalam)



Jeena Mohanan (Mathematics)



Divya S. (Music)



Krishnankutty (Driver)



Ramya K. (Support Staff)



Swathi Sree Malavika (Dance)



Rajendran S. (Driver)



Renjini S. U. (Support Staff)



Anjana R. Nair (English)



Anilkumar K.R. (Driver)



Subha R. C. (Support Staff)

In Memoriam Anoop





Time takes us apart, but it's so easy for those childhood memories to come flooding back when someone from those days bids us goodbye. Anoop D. of the 1992 batch whom we tragically lost on the 25th of April 2023 was that strong tall handsome guy who came into our class full of energy and spirit. Mostly a silent person while in class, he was a star on the school ground. Our strike bowler in cricket competitions, I still remember the sting of his bouncers that where plenty. His brother Aneesh D. added to the bowling duo making the opponents miserable at their batting end. His rare impromptu jokes caught us by surprise, causing that sudden uncontrollable bouts of mirth, the bane of every teacher. Dear friend, the memories keep flooding back and will take time to ebb.

Anoop leaves behind his parents, his brother Aneesh D. (himself a Loyolite) and his two daughters who are still in school.

Till we all meet again for a rematch at a better place. Rest in Peace Friend.

[Tribute on behalf of his friends from P.V. Manoj]

## In Memoriam Narayanan



We lost Narayanan P. S. (50) from the 1988 batch on the night of 11 May 2023. He succumbed to a cardiac arrest. Aju, as he was called at home, was a qualified engineer who gave up a flourishing corporate career to pursue his dream.

In 2018 when he took this step, he posted this message in one of his social media accounts:

"Moving to my hometown to explore some passion outside of market research. Stepping into uncharted territory feeling as excited as I was when I started my professional career 20 years back..

The husband and wife team started a successful organic food store in Trivandrum soon after. He leaves behind his mother Dr Thankamoni Devi, his beloved wife Sangeetha, and his brothers Damodaran PS of the 1984 batch and Dr Sreedharan PS of the 1986 batch, and the entire family. A touching tribute from someone very close to him describes the person Narayanan was:

> "You left us today leaving an immense vacuum in our hearts.... you were a great friend and a gentle soul with tons of dreams. This earthly world will miss you".

The LOBA family offers its condolences, shares their grief, and pray that the family gets the strength to bear the loss with fortitude.





Branding the newcomers with sandalwood paste and initiating them into the Loyola fold





Getting all set for the march to the indoor stadium for the formal welcome



# THE FORMAL INAUGURATION OF THE NEW ACADEMIC YEAR 2023-2024



Prayerful welcome on the reopening day. The dignitaries on the dais are, from the left: Fr Ranjit George SJ, Fr Saji SJ, (both Professors at Loyola College), Principal Fr Salvin Augustine SJ, Chief Guest Dr Gopa Kumar (former VC, Kerala Central University) Fr Roy Alex SJ (Principal, CBSE), Fr Sabu Thomas SJ (Vice Principal, Loyola College, PTA President S. Rakhesh Kumar, and LOBA President Mr Renjith Raveendran



Welcome address: Dennis K. Robin



















#### LOYOLITES IN THE LIMELIGHT



Jonathan Edwards N. and Karthik Pillai of VIII C represented Trivandrum District that won the First Place in the State Championship in Sub-Junior Basketball.



One-day orientation programme for Class XI students, by Fr Toby Joseph SJ, Director, Atmamitra Centre, Kalady

Click anywhere inside this box for a bird's-eye view of hundreds of videos available at Atmamitra Centre, a Jesuit initiative reaching out to the training, guidance and healing of all, especially teenagers and parents of all castes and creeds.



Fr Toby Joseph SJ

### THE INDUCTION OF THE UTTLE PRINCES INTO THE UQYOLA FOLD



Waiting in the Indoor Stadium for the opening-day instructions



All set for the procession to the Xavier Block to claim possession of the little kingdom of kindergarten



Regal march to the promised land, led by the brass band and flanked by the parents

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Rousing reception by the two Principals, teachers and the big brothers of Class I





















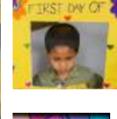
The citadel of the tiny tots

#### And the first photo session for icebreaking and forging the disparate identities into a unity



































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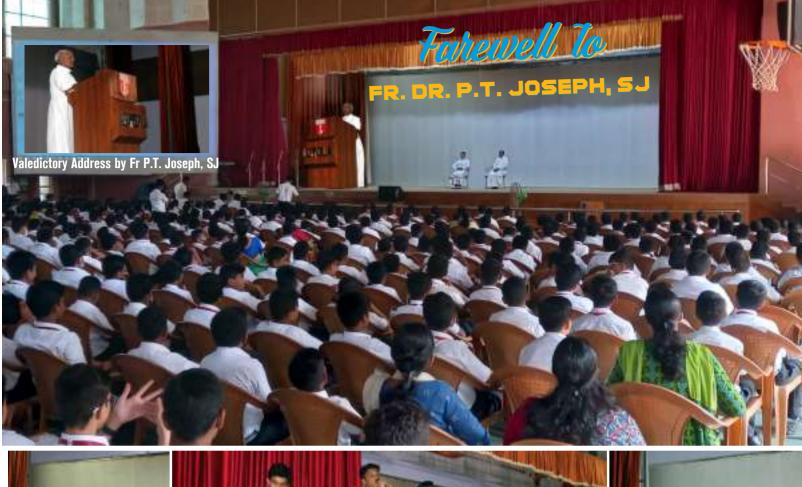














Welcome address by Aadithyan K. A., XII C1

A musical dedication to Fr Dr P.T. Joseph, SJ



Vote of thanks by Viswas Jai, XII C1



Fr Joseph with the token of the staff's gratitude and appreiation



Felicitation by Catherine Thomas

## Environment Day Observance



*On 5 June 2023*, our school observed World Environment Day in a meaningful and memorable manner, with a variety of engaging activities and competitions that showcased the students' talents and fostered a deeper understanding of our environment as well.

The day began with a special assembly in which Aswin Madhav delivered the keynote address. Then, led by Jem Gurudas, all students took a pledge to beat the plastic pollution and save our planet.

After this, our Principal Fr Salvin Augustine SJ planted a sapling. It was followed by a variety of competitions in drawing, painting, bookmark making, tree identification, brochure making and seminar presentations, all related to plastic menace and environmental protection. The competitions were so designed that they suited the tastes and talents of students from LKG to Class XI.

In terms of participation our Environment Day observance was a resounding success and it was mainly due to the superb coordination by the members of the Eco club. It not only encouraged creativity but also fostered a sense of responsibility towards the environment.

Three cheers to the organisers and the participants for inspiring young minds to work towards a greener, more sustainable environment and be the guardians of our planet.

Adithya R., IX A





Keynote address: Aswin Madhav, XII A



Taking the Environment Day Pledge



Berchmans Hall brimming with painters



#### WINNERS IN ENVIRONMENT DAY COMPETITIONS

Drawing	1	Painting	Bookmark Making	Brochure Making	Tree Identification
I: Kasinath R Mridul, LKG A I: Akh	nilesh R. R., I A	I: Aarav N., III C	I: Johann Jacob, VII C	I: Megha R., XI B	I: Agney S. S., VI A
		I: N. Rakshan, III C	II: Sachin R., VII C	II: Johana Esther N., XI A	II: Kesav V. Nair, VI A
		and Eddwar vijd, in D	II. Michin Mi, Yu Ai	Slogan Writing	II: Noel Alex John, V B
I: Abram Arun, UKG A I: Abhist	hek Krishna, II A1	Gautham S. K., IV B	II: Prenav Dinesh Nair, VIII A	I: Manav A. Rejith, VIII A	Seminar 1. IX A 2. IX B 3. IX C
I: Druv S Nair, UKG E II: 1st	haan R. S., II B	Kannanunni K., IV A	III: Sreedhar, VIII A1	II: Aaron George Sunil, VIII C	An Eco Club & NCC Initiative

III: Alan S R, IX C

## SCHOOL TOPPERS





S. Vishwa Kalyan Reddy ISC: 97.25%



Joseph S. Mathew ISC: 96.25%



Jeremei Vivek Sam ICSE: 98.40%



Mahadevan Sanju ICSE: 98.60%



Abel T. Rinosh ICSE: 98 %



Manav R. ICSE: 98 %





Kesav M. Surendran CBSE (X) 96.40%



John Sabu Abraham CBSE (X) 98.40%







BREAKING BARRIERS

#### The New Era of Coeducation

**When** I heard that Loyola School would be opening its doors to girls for the first time in over six decades, I instantly felt that the decision would make sea change to the very ambience and future of the institution.

Walking through the gates of a boys' school as a girl felt like entering an uncharted territory. However, those fears were soon put to rest. From the moment I entered the campus, I was greeted with warmth and acceptance by the teachers, non-teaching staff, and students alike. I soon realized that every student who wore the school crest with pride was accepted as a Loyolite, regardless of their gender.

As I settled down in the school, I quickly became aware of the buzz surrounding LA Fest, Loyola's signature programme that brings together varied talents from schools in and around Trivandrum. Every single student got involved in the endeavour to host this stupendous cultural extravaganza. To a great extent, gearing up for LA Fest made all the new girls of the eleventh grade take to Loyola life like a duck to water. We had never imagined that the transition would be so quick and smooth.

I have had the privilege of witnessing the transformation of a traditional educational institution into a more inclusive and progressive space. I know that I will have a lot to give back to this school when I graduate from it in a couple of years.

To a great extent, gearing up for LA Fest made all the new girls of the eleventh grade take to Loyola life like a duck to water. We had never imagined that the transition would be so quick and smooth.



Megha R., XI B

New Beginnings

I was pleasantly surprised when I realised how quickly I had ensconced myself here. The school campus never felt like an alien land. All facilities that a student would ever need are provided here. What I am most happy about is the school's dedication to the holistic development of the students.

*Walking* into a new school after spending most of my life at another one plunged me into an avalanche of emotions. I had been apprehensive of being lonely without enough girl students to befriend in a hitherto male bastion.

But, the moment I passed through the beckoning gates of Loyola, I was absolutely delighted by the sight that unfolded before me. There were many more girls like me making their way to the now co-ed Loyola School. Coming from a much smaller school, I was flabbergasted not only by the sheer number of students here but also the sprawling and majestic campus.

I must have looked like a lost kitten but for the teachers and other good souls who ushered me into my new classroom. Their welcoming smiles consoled my pounding heart which had threatened to jump out at any moment. I expectantly walked into my classroom and met my new classmates and soon-to-be friends.

I was pleasantly surprised when I realised how quickly I had ensconced myself here. The school campus never felt like an alien land. All facilities that a student would ever need are provided here. What I am most happy about is the school's dedication to the holistic development of the students, not the lopsided emphasis on academic excellence to the exclusion of everything else. Going by the number of different events we have had during the first fortnight of the new academic year, I am sure that talents of every stripe would get their deserved spotlight. All of us the newly-admitted students are looking forward to many more programmes in the pipeline, especially the iconic LA Fest that is envisioned and organised exclusively by the higher secondary students. The way the twelfth graders go about planning and practising for the huge event and at the same get their immediate juniors involved in it and groom them to assume the leadership next year is just marvellous. I am sure that getting ready to host such a massive interschool cultural extravaganza will enable the students to hone their management skills and make them great team players.

It is a truism that first impression is the best impression. Well, I must admit that I am highly impressed by what Loyola School offers. Its vision and mission and how they are pursued would keep the students studious, punctual, active and gleeful.

It has just been a fortnight since I walked into Loyola and I am already a proud Loyolite and will uphold the ideal of *Magis*.

#### **PTA GENERAL BODY MEETING: 10 JUNE 2023**





Principal Fr Salvin Augustine SJ addressing the parents





Principal (CBSE) Fr Roy Alex SJ addressing the parents



Registrar Mr Joy Varghese introducing the teachers to the parents



Dr Unnikrishnan R. Nair, himself a Loyola parent and psychiatrist, giving parenting tips to fellow parents

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Parenting



# **PTA VICE PRESIDENT**

Rakhesh Kumar

Dr. Anju Deepak

#### **PTA: PARENT REPRESENTATIVES FOR 2023-2024**

FIA. FARENT REFREGENTATIVES FUR 2023-2024							
Class	Division	Name of Parent Representativ	e Mobile Number	Class	Division	Name of Parent Representative	Mobile Number
LKG	Α	Ms Sree Lekshmi S L	9847746085		C	Mr Suresh Kumar R	9447698474
	В	Ms Lekshmi A V	8891152881		D	Ms Reshma Prakash	9995876959
	C	Ms Anupriya S	8547699366		A1	Mr Adarsh M G	9946001203
	D	Mr Sunit R	7012645359		B1	Ms Syama Sreekumar	8848901451
	E	Ms Sree Parvathy	9995236037	VII	А	Mr Arun Govind	9446545668
UKG	A	Ms Merin Babu	9544666620		В	Mr Abhilash A R	9846311266
	В	Ms Shruthi N	9388866601		C	Ms Sindhu C	9567168905
	С	Ms Shruthi	9656251446		A1	Ms Rajana V R	8078785402
	D	Ms Biji Velayudhan Radha	9446700231		B1	Mr Jereesh Thomas	9446471341
	E	Ms Nikita Mary Cherian	8056751007	VIII	А	Mr John Abraham	9496889610
	F	Ms Poulin Tania Feriah	9037855330		В	Mr Rakesh Kumar	9496812233
1	Α	Dr Rajesh S Pyngavil	9891739426		C	Ms Ramola Joy	9447551959
	В	Ms Amalu Navas	9895502240		A1	Ms Sangeetha S	7356194303
	С	Mr Sumesh D S	9496365966		B1	Ms Abhaya S R	9895666734
	D	Ms Rekha Kamath	9008110435	IX	А	Mr Ramaswamy S	9447062200
	A1	Ms Suja K K	9746224611		В	Mr Sivakumar K R	9947717710
Ш	Α	Ms Remya Shree A R	8590068730		C	Ms Tintu Sudeep Culas	9847007547
	В	Ms Gayatri Rajan	9995513951		A1	Ms Deepa Justin	9495970237
	С	Mr Renjith G Lathies	9847061769		B1	Dr Mukunda Gogoi	9995741145
	A1	Ms Santhi R	9496196103	Х	А	Dr Anju Deepak	9495921515
III	Α	Mr Prasanth G	9539016876		В	Ms Jasmin Philip	8921542337
	В	Maneesh M K	9605059555		A1	Ms Preethy Scaria	7907128143
	С	Ms Roshni Kochunni	9495254113	XI	Α	Mr S Arun Bose	9846009930
	D	Mr Renga Raj S	9995648633		В	Mr Kurian Abraham	9447388087
	A1	Mr Gireesan Namboothiri	9845487983		A1	Mr Rahul Thampi	9656109969
IV	Α	Dr Ashisit	8606758167		B1	Mr Ajmal A	9946374627
	В	Ms Deepa S	8891129948		C1	Ms Smitha C	9447896094
	С	Ms Merin George	9496146114		D1	Dr Joby John	9847901768
	A1	Mr Sarath P A	9995895873		E1	Mr Rosh Kumar	7907681387
V	Α	Mr Sujit Prasanakumar	8129925043		F1	Ms Usha K K	9446967925
	В	Ms Vani K R	9037021838	XII	А	Mr Jobby Jacob	9447108563
	С	Ms Dhanya R S	9895349407		В	Mr Babith Moses Wilby	9995446741
	D	Mr Abhilash Krishnan	8301088552		A1	Mr Sunil Narayana	9074113375
	A1	Mr Sabu S Mohan	9744340466		B1	Ms Reena Sebastian	9074013287
VI	А	Ms Anupama V M	9447891506		C1	Mr Deleep Prasad Chandran	9447111972
	В	Mr Sankar Aniyan	9986206266		D1	Mr Mannarath Shylu	8750076773





The outgoing office-bearers lining up to hand over the responsibility to the new councillors



The newly invested office-bearers along with the Principals, Fr Salvin Augustine SJ and Fr Roy Alex SJ.

## SCHOOL COUNCIL 2023

#### **ASSISTANT SCHOOL LEADER**



Abhiraj A., X A1

#### **SCHOOL LEADER**



Dennis K. Robin, XII B

#### **JUNIOR SCHOOL LEADER**

**ASSISTANT SCHOOL LEADER** 



Abhinand M. Nair, IX C

**ASST. JUNIOR SCHOOL LEADER** 



Hrishikesh S. R., V B



Jagan Warrier, V C



**ASST. JUNIOR SCHOOL LEADER** 



Johan Paul George, V A1

#### **ARTS SECRETARY**



Niranjan B. Kumar, XII A1

#### **SPORTS SECRETARY**



Vaishnav H., XII D1

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#### SOUTH ZONE SAHODAYA COMPLEX ACADEMIC EXCELLENCE AWARD CEREMONY



Prayer song by Loyola School choir



Lighting the floor lamp

Dr Shashi Tharoor's electrifying exhortation

One of the toppers receiving the award from the chief guest

*The CBSE* South Zone Sahodaya Complex Academic Excellence Award ceremony was held in Loyola Indoor Stadium on 17 June to honour over 1000 students from over 60 schools for their outstanding performance in the CBSE board examinations of 2023. Dr Shashi Tharoor inaugurated the colourful and high-profile function.

In the CBSE Class 10 examinations, Alok Anurup of Arya Central School stood out with 495 marks, and Meenakshi RS of Jyothis Central School, Kazhakootam, and Anjali AR of Christ Nagar, Thiruvallam, secured the second position. The third position was shared by Shreya Mahesh R of Chinmaya Vidyalaya, Naruvamudu, Devananda SS Navajeevan from Badani Vidyalaya, Shreya Sunil B and Bhagyalakshmi S Nair and Thirtha C Pradeep from Shanthiniketan School.

In the Class 12 examinations, Rahul Vinod from St Thomas Central School emerged as the topper in the science category while Atul Krishna M of Chinmaya Vidyalaya, Atukal, secured the top position in the commerce category and Saida Hadi from Jyothis Central School was recognized as the topper in the humanities category. Dr Shashi Tharoor, MP, presented the awards to these deserving students.

Teachers were also recognized for their significant contributions. Fr. Bino Pattarkalam, the President of South Zone Sahodaya Complex, presided over the function. Prof. Antony Palakkal delivered the keynote address. Fr Roy Alex SJ welcomed the attendees and Mr Shahul Hameed, the Secretary of the South Zone Fraternity proposed the vote of thanks.

Fr Roy Alex, SJ

Mational Reading Day Observance





Prayer song School Choir

Welcome: Devadath B. Nampoothiri, X A



Lighting the floor lamp Prof. V. Madhusoodanan Nair



Passing on the flame from the poet to the principal, and then to the teachers and students in turn

Reading Day message Abhiraj A., X A1



Inaugural address: Prof. V. Madhusoodanan Nair



Message: Fr Roy Alex, SJ



Vote of thanks: Aagney S.S., VI A



Special song: Abhinand M. Nair, IX C



Message: Fr Salvin Augustine, SJ



Reading Day pledge

### **EXTERNSHIP PROGRAMME 2023**

*The Externship Programme 2023* provided 50 Loyola students an experience in the corporate world in diverse career streams with ten host organisations. It was conducted during the first fortnight of April 2023. The students were engaged by the following host organizations based in Cochin and Trivandrum:

AVT McCormick (Retail/Exports), Nambiar Associates (Law), Geethanjali Hopsital (Heathcare/Medicine), MD Niche Media Consultants (Communication/Journalism/Media) Grun Agro Ventures and Kennedy's Kognitive Computing (Startups/New Ventures), Gopal & Anil Chartered Accountants (Accounting and Finance), InApp, Terrific Minds, and Travancore Analytics (Technology/ IT/ Anlalytics.

These host companies helped in nurturing the next generation of leaders.

Special thanks are due to the leaders of the host organizations who believed in the value of Externships and championed the programme: P. Vijaykumar - CEO, InApp Dr Arun Nair - CEO, Gitanjali Hospital Harikumar S. - CEO, Travancore Analytics Abhilash Jayapal - CEO, Terrific Minds Tony Joseph - CEO, Kennedys IQ Ejaz Salim - CEO, Grun Agro Ventures Anil Parameswaran - Gopal & Anil Chartered Accountants Radhakrishnan S. & Rejeesh - MD Niche Media Consultants Govind G. Nair - Nambiar Associates Arun Sudheendran - AVT McCormick

We extend our sincere thanks to the Principals Fr Savin Augustine S.J. and Fr Roy Alex S.J., former Principal Fr P.T. Joseph S.J., LOBA members and Dr Suresh K. Aravind for motivating and guiding the students through the Externship Programme 2023.

#### Ms Sarah Koshy





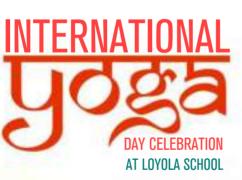


At Nambiar Associates



At AVT McCormick





*Loyolites* of classes IV, V and VII joined the world as it celebrated the International Yoga Day, on 21 June 2023. They gathered on the lawn to be a part of the day that honours an invaluable gift from our ancient tradition.

The Chief Guest for the day was Dr. Radha Gopalan, an environmental scientist and a visiting faculty at Azim Premji University, Bangalore. She has also been a student, practitioner and teacher in the tradition of B.K.S. Iyengar for more than twenty years. She enlightened the gathering on the importance of daily practice of yoga because, much more than a few *asanas*, yoga is a way of life that embodies unity of mind and body and fosters harmony between man and nature.

Fr. Salvin Augustine SJ shared his thoughts on yoga and meditation and their relevance in student life. Fr. Roy Alex SJ spoke about how adopting yoga can lead to selfdiscovery and inner peace.

After the formal ceremony, the participants demonstrated various *asanas* under the guidance of the Physical Education teacher Mr. Umesh U. They started with warm up movements, followed by a few rounds of *suryanamaskara* or sun salutation. The students moved in unison to the soothing music as their teacher guided them to do *ardha chakrasana, shalabhasana, vrikshasana, paschimottanasana, makarasana and tadasana.* 









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The serene morning ended with the understanding that when one embraces this ancient discipline, one embarks on a journey of physical, mental and spiritual well-being. Chithira Alin Kurien



Loyolites at Heights 2023, the Researchers' Fest organised by Kerala University at its Karyavattom campus from 19 to on 22 June 2023



Loyolites, flanked by their Physical Education teachers Mr Umesh U. and Mr Rajesh T.G., all set for the Olympic Day Run from Kowdiar Square to the Central Stadium on 23 June 2023.

They joined about 10,000 other runners who included Olympians, Arjuna awardees, sportspersons of national and international stature, coaches, physical education instructors, and students, all marshalled by Kerala Olympic Association to commemorate the establishment of the International Olympic Committee (IOC) and the inception of the modern Olympic Games at the Sorbonne in Paris on 23 June 1894, and in addition, to highlight the importance of physical exercises and abstinence from drugs.

## UPCOMING EVENT



REVEL IN GRANDEUR

#### 01.07.23

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